

1st Eclipse Patterns in 2009

The New Moon/Solar Eclipse at 6°♊ 30' is on January 26, 2009 at 2:55 a.m. EST

At the New Moon/Solar Eclipse on January 26, 2009, we are affected by the electrically charged frequencies of the high vibrational quality of Aquarian energy. Often the energy is felt weeks before the actual date of the eclipse. We witnessed seismic jolts charging through the social, political and economic aspects of our lives. Eclipse patterns definitely shake us up.

As unsettled as this time may be for many of us, Eclipse patterns do serve a purpose. Most of us complacently live each day in our routines and comfort zones. Eclipses remind us every 6 months we can actively engage and willingly move along with change. Dan Millman said "Life can be difficult; what an opportunity! The Light will disturb us when we're comfortable, and comfort us when we're disturbed. We turn to Spirit for help when foundations are shaking, only to find that it is Spirit who is shaking them." In our society, we witness solid foundations in the throes of shaking and quaking; however, through the astrological lens it seems all is in universal order. My hope is we easily embrace change, trust in our goodness and make positive changes and reforms that benefit all. Keep prayerful. Accept responsibility individually. The Aquarian Age is upon us and we are on the verge of awakening to who we really are.

The Full Moon/Lunar Eclipse at 21°♌ 00' is on February 9, 2009 at 9:49 a.m. EST

On February 9th during the time of the Full Moon and Lunar Leo Eclipse illuminating awareness becomes possible. We are able to see more clearly what has been held in the shadows. We release and let go of what no longer serves a purpose in life. I offer the following as suggestions to think about. May the intentions sowed on 1/26/09 at the Solar Eclipse time offer you a new sense of **FREEDOM** in your thinking about yourself and how you live your life.

Please read the Astrological house information that pertains to where the Eclipse patterns are transiting to know what themes or areas of your life are being highlighted.

1st House - *Your personality and appearance, the health and vitality of your physical body, how others see you, your sense of identity, the breath of incarnation - fears and potential and how you commit to life.*

Liberate out-dated ideas about yourself that are no longer true. Do you invest too much energy in what others have thought about you? Choose to no longer accept old limiting ideas about yourself and be open to new possibilities. For example, recently someone told me they were tired of doing "impression management" in social situations. She has set the intention to let go of her long-held feelings of self-consciousness. What part of your identity do you want to relinquish? Stay open to the myriad of ways life may surprise you!

2nd House - *Your finances, sense of your self-esteem, your value system, possessions, your talents to make money, resources and body intelligence.*

An old self-image concept you hold about your body can now be released. In my own case, I happen to think I have fat knees. This isn't the kindest thought about myself so I can let go of this thought and replace it with gratitude that I have strong and sturdy knees. They help me keep my balance and hold a good grounding. Is there a part of your body you can be more loving towards?

Take an inventory of what you own. What do you have that used to be important to you or of sentimental value? Can you let go of some possessions to simplify your life? Get rid of anything that you don't use, that isn't beautiful or gives you happiness. Can they be re-cycled, re-gifted, re-used? This will create an open space to allow the new in by letting go of your old things.

3rd House - *Your siblings, short trips, early environment of school and the neighborhood, early school teachers, communication, how you think, speak and write, logic, manual skills, vehicles.*

Your thinking may need to shift. How do you frame your thoughts? Do you worry and feel anxious by what you think? Do you keep chewing things over and over again? Are you looking for the 'off' button in your brain? Say as a mantra, "I choose love over fear" and you will re-train your mind to be peaceful. Or check out the many books which offer suggestions on breaking free from limited thinking, or books on emotional release techniques, re-patterning, etc. Catch yourself when you fall into a trap of pessimistic thinking. Look at the widest range of options. Think outside the box, and don't take things personally.

You may have a different thought perspective from those around you and don't be shy about saying what you think.

Look at your communication style - Call your voice mail or answering machine and listen to your message. What do you hear about yourself when you hear your voice and words? Are your words coming from a heart space?

4th House - *Your home and home life, the home you create, represents a parent, real estate, ending years of your life, early environment in the home, your personal foundation and sense of security, lineage or ancestry.*

This area of the chart speaks about your past, your early upbringing, your families of origin, your ancestors, your traditions – all ties to your past. Have rigid family traditions held you in place? Does your family of origin still activate you? A message from Spirit: "Everything that has gone before you is now able to be released. You are free." If you could take in this message and feel it through every cell of your being and believe you are able to break free from your past, what tie would you happily cut and be done with once and for all?

The recent holiday time is a good time to review traditions meaningful to you now. What new traditions do you wish to bring into your life? Look around your home environment. Is it the beautiful sanctuary you want it to be? Does it reflect you and the person you are today? Is your home in order? Do you wish to set down roots and commit to life in a new way?

5th House - *Your love affairs and passions, romance, how you feel about sex, your children, sports, gambling, creative self-expression of who you are, your heart and willful expression, your willingness to take risks in your heart's pursuit, pleasure activities and fun.*

Time to really let go of the love relationships from the past that have hurt you and kept you from opening fully to new intimate relationships. Time to cut the chords from unhealthy love relationships and break free.

Creative energy abounds and you are newly charged. Ride the wave of creativity! Can you discover new ways to be creative or enhance your creativity and strengths? Use your gifts and find more ways to help serve.

The star gateways are open to fully to bridge the gulf between the intellect and heart. Do you have a sense of your heart and the sacredness held within? If not, can you set an intention to open your heart. Take the time to sit with your hands on your heart. Have a heart-to-heart with yourself. Dissolve old hurts by forgiving. Tap into your own richness held within.

6th House - *Your work, your health, daily regimens, routines for diet and exercise, loving service for others, co-workers, employees, habits, wardrobe, pets, health-care providers, professional service people – those you consult re: diet, exercise; co-workers, and pets.*

Find new ways to be of loving service to others. You might find yourself working in a job you never thought you would do. Or you find you are using your skill set in surprising new ways. Let go of past thoughts of what you thought you were going to do or who you have been. The important question is are you using your gifts to help others? Stay open. Health patterns are being shaken up with the Aquarian energy. Pay extra attention to your nervous system. Take time out for yourself. Enjoy quiet or down time.

7th House - *All relationships especially marital and intimate relationships, business and political partnerships, interactions with the public, perceived public enemies, legal affairs, unions and contracts, and how to maintain your balance while in relationship.*

Relationships are in the forefront. Explore new possibilities of interacting with others especially in intimate relationships. Are you engaging in new paradigms of relationships in your personal and business relationships? If you have stayed hidden, time to step out and be seen. You are needed now more than ever and your light is a beacon to others. I recently had someone tell me she tries to engage with others and they “don’t really see her.” This compounds the feeling of being ‘different’ or ‘alien’. I am not even sure what to say about this other than it seems the astrological signs indicate we heal those areas of aloneness by coming together with others. It’s time to be a team builder, partner with others and join forces. We can’t go it alone. Find at least one person or group you feel “at home” with and make sure you see them regularly.

8th House - *Transformational place for self-mastery with the ability to regenerate, psychic levels, partner’s assets and how you feel about this resource, money given to you not through your own means of generating income, support received from other people, wills, financial advisors, taxes, debt, inheritances, insurance, secrets, sex, death, surgery, sleep, the metaphysical realm.*

The transformational realm – what is open to change is your core issues that have haunted you – yes, I really mean this, they can be released now. Cores issues of abandonment, betrayal, etc. have provided opportunities for you to learn to trust your deepest instincts. Your instincts are thoroughly honed. Honor the path you have been on. Let Spirit and your intuition lead you into transcendence and deeper spiritual depths.

9th House - *Religious, ethical and philosophical beliefs, laws – earth-made as well as universal, spiritual laws, distant travel, in-laws, super-conscious realms experienced through dreams or visions, educational plans, profound mental study, publishing, grandchildren, intuition, teachers, higher courts and divorce, and foreign cultures.*

I am thinking of the Leo Lunar Eclipse and how an opportunity is being presented to release ego attachments. We all have had hard learnings around surrendering individual willfulness to Divine Order. Thoughts of having to go it all alone can be changed. Be open to receive divine support. Faith grows. New beliefs are set into place. New dreams are in order. Your spiritual questing can lead to new learnings and understandings. Your night-time dreams and visioning offer you messages.

10th House - *Your profession or career, social standing in the community, indicates your ambition, status and reputation, business and social activities, government, authority, parent, employer, the influence you exert, your own sense of honor and integrity, and your responsibilities.*

Maintain the Aquarian mind-set in your professional arena. The Aquarian vibe is so finely tuned to be inventive, innovative, imaginative, in-genius ways that would make Einstein proud to know you. There are many organizations and businesses that have yet to shift into the new paradigms of team effort and cooperation. We are getting there s-l-o-w-l-y but surely and you can model better than anyone! Elevate your thinking of yourself - you stand in your community as model of truth and integrity.

11th House - *Your goals and objectives, hopes and wishes, friends, acquaintances, social groups and alliances related to your career, circumstances in which you have no control over, step-children, foster children and adopted children, business income if you are self-employed, and humanitarian causes.*

The area of the chart where Aquarian energy naturally fits. I paraphrase from the Hopi message "you are the one we have been waiting for." Believe it! How can you be your innovative self and step forward in the community to help or deepen your commitment to serve and contribute to the collective by socially aligning to a group or cause you believe in? If the Lunar eclipse falls here, what cherished hope or ideal are you grieving and letting go of?

12th House Themes - *This house is the behind-the-scenes area - spiritual initiations, mysticism, and a finishing up place before another cycle begins, sorrows, hidden strengths and fears, the subconscious mind, karmic hangovers from the past, places of confinement i.e. jails, institutions, hospitals, your own place of self-undoing through feelings of limitation or lack, spiritual debts to be paid, research, clandestine affairs, secret enemies, and doctors.*

In the Zodiac wheel, the 12th house is where the watery Pisces realm resides and Neptune, Lord of the Ocean, rules. Karmic undertones are swept away...it's a new day. What sweeping changes do you wish to bring into your life? Eclipse action here often indicates a finishing up of past with a new initiation about to begin. The Pisces symbol of the fish are tied by a chord ☿ Read the 4th house info to know you need not be tied by the chords from your past. What chord holds you together in your present-day-life or from where or whom do you find your strength?