

Sun Signs

Nicolaus Copernicus, 1473-1543, mirrored the views of the ancient Greeks and elevated the Sun to the center of the Solar System. He said “...in the midst of all stands the sun. For who could in this most beautiful temple place this lamp in another or better place than that from which it can at the same time illuminate the whole? Which some not unsuitably call the light of the world, others the soul or the ruler. Trismegistus calls it the visible God, the Electra of Sophocles the all-seeing. So indeed, the sun, sitting on the royal throne, steers the revolving family of the stars.”

In Western Astrology, the Sun is the center of the chart. The Sun in an astrological chart has the most important influence. The Sun represents identity, personality, physical vitality and the inner self. Using a Tropical Zodiac system, the particular sign we are born under is based upon a seasonal time frame beginning with the Vernal Equinox. In the Sidereal system, the positions of the planets are based upon the constellations.

Western culture holds to a belief that where there is a will, there is a way to succeed. The Sun symbolizes this drive for significance. It symbolizes our personal ambition. We have a choice as to how little or how much we use our potential and talents.

The Sun denotes the parent figure of father, males in our life, and the masculine principle.

In Evolutionary Astrology, Steven Forrest and Jeffrey Wolf Green suggest the Sun is “the process you are becoming”. We recognize who we are and who we want to become.

The symbol or glyph of the Sun is a dot within the center of a circle. We are the dot held within a Divine Intelligence, a Creative Source or Light. I have heard the concept of zero point energy described generically as something that cannot be separated or removed. I like to believe we are in union with our Creator at zero point. We are never separate from Source. We are never apart from the Light. Each person is perfect. Every sign represents an idea in the mind of God, an absolute principle which holds no limits. Living in the Aquarian Age, we are to awaken to our intrinsic nature, to know our spiritual essence. We have a choice to consciously choose to become aware of the essence of our spiritual nature.

Each of the Zodiac signs is representative of our different personalities containing challenges as well as strengths. Each Zodiac sign has a key phrase to use as a guiding concept. To live a vital existence, we often struggle with an ego identity that seems to be at cross purposes with our spiritual nature. The following are suggestions for each Sun Sign to illuminate one's inner light.

“We meditate on the Inner Sun, the most splendid Light in all the worlds. May it illumine our minds.” - Gayatri Mantra

For the Sun Sign ♈ Aries

A Challenge - Stillness

Key Phrase – I am

In Process to Learn Quieting your body and mind to move into the I AM Source.

Outcome of process Being a sparkling ray of light to inspire others.

For the Sun Sign ♉ Taurus

A Challenge - Finding true values

Key Phrase - I have

In Process to Learn Having a connection with your body and valuing your instincts.

Outcome of process A being who lives life with serenity stabilized by an inner sense of security.

For the Sun Sign ♊ Gemini

A Challenge – The ability to focus

Key Phrase - I think

In Process to Learn Disciplining your thoughts to create a bridge to your heart.

Outcome of process A being who lives with clarity of purpose.

For the Sun Sign ♋ Cancer

A Challenge - Vulnerability

Key Phrase - I feel

In Process to Learn Connecting to your heart and being present to your feelings.

Outcome of process A being who is compassionate and nurturing to self and others.

For the Sun Sign ♌ Leo

A Challenge - Self-recognition

Key Phrase - I will

In Process to Learn A willful intention to know your heart's desires and act on them.

Outcome of process A radiant being living life with joyous exuberance.

For the Sun Sign ♍ Virgo

A Challenge - Discrimination of what is essential and what is non-essential

Key Phrase - I analyze

In Process to Learn Directing inwardly to the details of your emotional, physical, spiritual and mental well-being.

Outcome of process A structured life committed to wholeness and serving others.

For the Sun Sign ♎ Libra

A Challenge - Living in reality

Key Phrase - I balance

In Process to Learn Understanding that all of life contains mystery and paradox.

Outcome of process A commitment to maintaining inner harmony and capturing beauty.

For the Sun Sign ♏ Scorpio

A Challenge - To transform ego desires

Key Phrase - I desire

In Process to Learn Plummeting intensely into self to live from the core of essence.

Outcome of process Self-mastery.

For the Sun Sign ♐ Sagittarius

A Challenge - Focusing on the details

Key Phrase - I understand

In Process to Learn Mental discipline to journey inside to the center of the inner universe.

Outcome of process Living from the understanding of higher universal truths.

For the Sun Sign ♄ Capricorn

A Challenge - Paying too much attention to other people's opinions

Key Phrase - I use

In Process to Learn Honoring your own truth and maintaining your integrity.

Outcome of process Using your gifts to help others.

For the Sun Sign ♒ Aquarius

A Challenge - Conformity

Key Phrase - I know

In Process to Learn The freedom to be true to yourself and feel connected to others.

Outcome of process The ability to be a bridge from old traditions into progressive new ideas and visions

For the Sun Sign ♛ Pisces

A Challenge - Establishing clear boundaries

Key Phrase - I believe

In Process to Learn Grounding yourself on the Earth yet keeping an awareness of your mystical nature.

Outcome of process Flowing with a connection to all of life.

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