

## The Saturn in Libra Transit & the Capricorn Solar Eclipse 1/15/2010

Saturn rules over the sign of Capricorn. Saturn traditionally has been thought of as a difficult, challenging, dense and heavy energy. The impression of Saturn's serious nature is reflected by one of the names Saturn is known by The Taskmaster. In spite of the weight of this energy, I view wisdom as a Divine Feminine energy expression linked to Saturn and Capricorn. Wisdom is what we grow into the longer we live and learn through our experiences. Just what Saturn, The Teacher, wants to hear... we learn through experiences although it seems like it has been those hardest challenges that teach us the most.

One of many names of Saturn that happens to feel like the right name at this point in time is The Dweller on the Threshold. With the Saturn in Libra transit, I believe we can wisely bring in new ways of relating with one another using truth, integrity, and wisdom as the benchmarks. Along with the best of Libra ideals: peace, harmony, beauty and balance.

We are certainly on the brink or threshold of potentially realizing new paradigms. A wise use of Saturn/Capricorn energy is to contemplate how to usher in these new ways. I am reassured in knowing by our individual actions we can affect the larger whole. Claim your authority and wisdom now! Saturn keywords that I emphasize are commitment, structure and discipline. Capricorn keywords I emphasize are honor and integrity. Feel your truth and follow it.

One or two Astrological Houses may be impacted by the Saturn transit and the Solar Eclipse in Capricorn which occurs on January 15, 2010. Sometimes the Eclipse falls on a cusp, the boundary line between the two Houses. Please read the House information indicated pertinent to your chart.

Astrological Houses denote various themes involving practical mundane matters, relational aspects and consciousness. Beside the Astrological House Information, and the suggestions and questions I offer, I have also mentioned the Buddha's The Noble Eightfold Path. These eight aspects are shown in a bold font as the Relationship focus. The teaching is viewed as practical ways to guide ethical and mental development. Ultimately the goal in following them is to free us from our delusions and attachments. Any type of search you do on the Internet will give further details on what they mean.

**1<sup>st</sup> House** ~ *Your personality and appearance, the health and vitality of your physical body, how others see you, your sense of identity, the breath of incarnation – fears and potential.*

### **Relationship To – Right View**

The 1<sup>st</sup> House is the beginning of the Astrological chart wheel. The sign on this 1<sup>st</sup> House is called the Rising Sign and reflects the Sun's position where it rose on the day you were born. A new day has dawned and greets you. What is your view of the world and how you stand in relationship to life? This is a time when a new identity of you can come forth into a new form. Strong Earth support is provided by the Eclipse action with a new phase beginning. There may be a sense of loneliness in the exploration of who you are

now. As a meditative exercise, ask yourself “Who am I?” You might be surprised by what you discover.

With the Saturn transit, you are a stronger you! Call upon your wisdom to use this potent energy to commit to finding strong structured, disciplined methods to support your claim to wholeness and health.

Look at your appearance in the mirror. Is what you see reflecting back the amazing light that you are? If you answer “no” then try a few times with the intention to **see** your light. If further attempts fail, structure some time to do mirror work. I refer you to Dr. Rossel’s article on his website called Mirror Work.  
[www.seishindo.org/articles/rob\\_rossel\\_6.html](http://www.seishindo.org/articles/rob_rossel_6.html)

**2<sup>nd</sup> House** ~ *Your finances, sense of your self-esteem, your value system, possessions, your talents to make money, resources and body intelligence.*

### **Relationship To – Right Action**

Saturn transiting here would suggest a time to rein in spending habits. At the very least bring into mindfulness an intention to evaluate how you spend your money. The Eclipse energy would support action to find new ways of bringing in income. From a relational viewpoint, how do you feel about money? What have you been taught about money? Does your sense of security tie to your bank account? Do you spend money on foolish things? Overspend for short-term emotional gratification? Act as a good steward of your resources, with prosperity thinking and knowing your true wealth and value. Claim the actions of management with a good balanced approach based in practical reality along with spiritual wisdom.

C.S. Lewis said, “You don’t have a soul. You are a Soul. You **have** a body.”  
*(my emphasis since the Second House key phrase is I Have)* How do you feel in relationship with your body? How do you honor your body? What structures help support your body and are you employing these structures? For example, I lay on the Earth each day. This is a structured practice that supports my energy system as well as my physical health. Find at least one habit to cultivate that enhances your body and offers you support.

You possess gifts given that are here to help repair the world. If you are not sure what your gifts are, commit to finding out with the intention to recognize your own value and act accordingly.

**3<sup>rd</sup> House** ~ *Your siblings, short trips, early environment of school and the neighborhood, early school teachers, communication, how you think, speak and write, logic, manual skills, vehicles.*

### **Relationship To – Right Speech**

Evaluate your speech. The Eclipse and Saturn’s energy is about responsibility and following your truth. Express what you need to say. Your ability to talk skillfully can be an intention. Is there a quality you wish to embody and express? For instance, if you wish to be a peacemaker, are you speaking calmly? Are you gentle in how you think about your own self? Monitor your voice. Is the tone conveying what you intend?

Honor another's person's thoughts and allow them their freedom to express without engaging in judgment. When you find yourself becoming frustrated in your communications, ask what is being triggered within you.

Cultivate your listening skills. Listen to someone without trying to 'fix', interject, or offer your opinions. Be a witness and a loving presence. Balance your need to be heard with another's need to be heard. Find ways to be mutually satisfied in your relationships. Your responsibility is to be clear in your speech.

**4<sup>th</sup> House** ~ *Your home and home life, the home you create, represents a parent, real estate, ending years of your life, early environment in the home, your personal foundation and sense of security, lineage or ancestry.*

#### **Relationship To – Right Mindfulness**

The Eclipse point would suggest it's an auspicious time to buy and set down roots into a new area, a new dwelling, or even put your mindfulness to the inner dwelling of the Divine presence. You might feel inclined to move for professional reasons or to be closer to family.

Saturn's energy in Libra highlights a settling down more deeply into an existing home. Look around your home. Is beauty reflected in your home? Can one ever really have enough beauty? Don't underestimate the value of a restorative home environment. A home that welcomes you and others warmly when you cross over the threshold. Stage beauty! If you need inspiration and enjoy beauty and color, visit [www.energybydesign.net](http://www.energybydesign.net).

Now is a wonderful time to structure boundaries that move into honoring relationships in your family relationships. Find a balance between your duty to parent(s) and family and honoring what you need for your own sense of well-being.

Professionally, this might be a time to set up business in your home. Working remotely from your home base is more widely accepted by employers. Explore how to work comfortably and easily instead of being in a frenetic work environment.

One of the foundations of Buddha's teaching for mindfulness is contemplation of feeling. This is the "feeling" area of the chart. Note your feelings as you go through your days. Is it possible to become more neutral? Not reactive just simply observing and staying balanced.

**5<sup>th</sup> House** ~ *Your love affairs and passions, romance, how you feel about sex, your children, sports, gambling, creative self-expression of who you are, your heart and willful expression, your willingness to take risks in your heart's pursuit, pleasure activities and fun.*

#### **Relationship To – Right Effort**

The Eclipse can offer a good seeding point to help you with creative desires. Capricorn's energy is all about right effort. Sheer determination and discipline are Capricorn's strengths. The archetypal energy tied to Capricorn/Saturn is the

Boddhisatva. Is your creative expression one that can be brought out into the world now? Put forth your efforts to help others.

If you have held long-seated heart desires, Saturn at this point in time, can offer you the structure, the discipline to create in a manifested way what you desire. If Saturn's energy is transiting here, you are past the gestational period. It is time to move purposefully into action with your ideas. What's your game plan?

Creatively structure supports for your heart to rest. From Spirit I pass along the message, "Give yourself the gift of time, give yourself the gift of timelessness, sit in the stillness." Honor your heart and commit to living from this sacred place where the Divine energy is present. Getting to know your heart and trusting your heart may not happen immediately. Saturn/Capricorn energy supports time, commitment and the desire to explore the sacred realm within.

**6<sup>th</sup> House** ~ *Your work, your health, daily regimens, routines for diet and exercise, loving service for others, co-workers, employees, habits, wardrobe, pets, health-care providers, professional service people – those you consult re: diet, exercise; co-workers, pets*

#### **Relationship To – Right Mindfulness**

Examine your days. Bring the right mind to the beginning of each day. I have a client who often voices, "I am a lucky girl." Start your day with this kind of gratefulness. Saturn and the Eclipse points emphasize an intention to serve Spirit and give to others. Offer yourself to give loving service in the world. The opportunities will show up.

You are practical and resourceful with Capricorn in this House position as well as possessing strong leadership qualities. The 6<sup>th</sup> House reflects relationships with your co-workers. The environments in workplaces need models of integrity and truth. We are in the process of transforming into new ways of working. Be in the mindful process of not sacrificing your health or well-being for your job. Remain in your integrity.

Balance comes with how you structure time for your own inner health. Attend to your routines with mindful attention. What do you observe? Do you find your days all about work? Is there adequate time for food preparation, rest, and exercise? Are you caught up in the demands of your life and addressing others with not enough nurturing time for you? Intentionally choose to be wise and mindful of actions that support a balance in your life.

**7<sup>th</sup> House** ~ *All relationships especially marital, business and political partnerships, interactions with the public, perceived public enemies, legal affairs, unions and contracts, and how to maintain your balance while in relationship.*

#### **Relationship To – Right Effort**

The Eclipse and Saturn energy is a manifesting energy. All those ideal qualities that you hold for relationship potentially can be realized. Saturn in Libra is considered Exalted, astrologically speaking by Essential Dignity Tables. Exalt yourself in your relationships. I like how this sounds, not sure what this means but this intention will definitely bring some sort of realization to your effort.

Drop the barriers to your heart. It might seem counter-intuitive but opening your heart to be in full partnership with others is a way to commit to living consciously in a new paradigm. If you are not met in this place of open-heartedness, then how to proceed is a choice you make. I encourage the choice to be an honoring one for you. Forgiveness and compassion are choices you can commit to help you stay balanced.

Remaining in co-dependent relationships is no longer optional. Bring your efforts to use your wisdom to learn from these types of relationships. Commit to an intention to no longer engage in unhealthy ways of relating.

**8<sup>th</sup> House** ~ *Transformational place for self-mastery with the ability to regenerate, psychic levels, partner's assets and how you feel about this resource, money given to you not through your own means of generating income, support received from other people, wills, financial advisors, taxes, debt, inheritances, insurance, secrets, sex, death, surgery, sleep, metaphysical realm.*

#### **Relationship To – Right Concentration**

This area reflects self-mastery. The Eclipse and Saturn brings a solid Earth energy into the metaphysical area of the chart. Attune to Spirit. Spirit can guide you in very practical ways. Trust in your ability to regenerate and master your thoughts into a concentrated form that supports you on your path. Be intentional about transforming your thought, your body, financial resources and whatever else you choose to concentrate on. Transformation means you moving beyond what was once held as your organizing principles.

This area is about money received but not through your own efforts. Be open to receive money from other sources. You may be surprised as how this support is given. Be open to receive resource from others.

Saturn in Libra (Exalted energy remember) can bring a new way of being in the ideal of sexual intimacy. The spiritual and physical connections you long for with a partner can be realized with your own commitment to this intention.

**9<sup>th</sup> House** ~ *Religious and philosophical beliefs, laws – earth-made as well as universal, spiritual laws, distant travel, in-laws, super-conscious realms experienced through dreams or visions, educational plans, profound mental study, publishing, grand-children, intuition, teachers, higher courts and divorce, and foreign cultures.*

#### **Relationship To – Right Intention**

The Eclipse and Saturn energy brings practicality with you choosing at this time to begin a new learning. Commit to a new course of study that professionally gives you a new skill set. Discipline and commitment to this desire to learn is supported now. Or commit to self-improvement through study, dream work, or exploring your own inner landscapes. If help is needed for clarity or inspiration on the journey, check in with [www.shamanspath.org](http://www.shamanspath.org).

Live from your belief system. For example, if your intention is to live as consciously “green” as possible because of how you want to honor the Earth, make sure your behavior aligns with this intention.

Travel is definitely a learning experience. While moving through different scenes and meeting new people, be intentional about using the gift of presence: look out from wise eyes to others with a compassionate open heart and offer a listening ear.

**10<sup>th</sup> House** ~ *Your profession or career, social standing in the community, indicates your ambition, status and reputation, business and social activities, government, authority, parent, employer, the influence you exert, your own sense of honor and integrity, and your responsibilities.*

### **Relationship To – Right Livelihood**

This area puts an emphasis on your career and how well you honor yourself. In alignment with Saturn and Capricorn’s energy, you might ask yourself if your place of employment still feel like a good fit for you? Maybe the structure in your work place is being overhauled and your job position might even get changed. A new beginning for you is at hand and how you perceive your role there is pivotal.

Commit to identifying what is your responsibility and what isn’t yours. A Capricorn tendency is to take it all on. If the work ethic that governs you means you run yourself into the ground with fatigue then it may be time to find more honorable ways in how you can work efficiently and easily.

10<sup>th</sup> House relationships are with parents, bosses, and those who might be in positions of authority i.e. church, political figures, etc. Claim your power. If you keep giving others power and authority then you have lost your own voice and your own ways of discovering your wise knowing. Others can provide good counsel but ultimately it is your task to filter what is true for you and discard the rest.

**11<sup>th</sup> House** ~ *Your goals and objectives, hopes and wishes, friends, acquaintances, social groups and alliances related to your career, circumstances in which you have no control over, step-children, foster children and adopted children, business income, and humanitarian causes.*

### **Relationship To – Right Action**

Capricorn Eclipse energy supports new professional alliances and potentially new ways to bring in business income. Commit to action steps that engage you more fully in the community. If goal setting or meeting your stated objectives has been eluding you, now is a good time to put the twin muscles of discipline and commitment to work. Set intentions to move you into a flow of reaching for your hopes and your ideals by employing manifestation work. Check out [www.abraham-hicks.com](http://www.abraham-hicks.com) for inspiration.

Saturn’s reminder: we learn from all those we encounter. At times, friends may be like revolving doors. They come swirling into your life for a reason and then twirl away without you having a clear sense as to why or what happened in your relationship. What did you learn from those you encountered? Ask for the grace to let go when you need to of friends and associations. Have you found a new group that you feel aligned with? Be

intentional...be open. Right action might propel you to check out some new social arenas. Ones that align you more fully with the person you are today. If you are pushed to the limits of social discourse, structure time for yourself.

This area is often about learning how to surrender to circumstances in which we have no control over yet remain balanced in the knowing we individually can take action to make a difference. Explore what it means for you to feel hopeful especially in the midst of many societal woes. Is there a way to act from this inner spring of hope and commit to helping others and being of service?

**12<sup>th</sup> House themes** ~ *This house is the behind-the-scenes area - spiritual initiations, mysticism, and a finishing up place before another cycle begins, sorrows, hidden strengths and fears, the subconscious mind, karmic hangovers from the past, places of confinement i.e. jails, institutions, hospitals, your own place of self-undoing through feelings of limitation or lack, spiritual debts to be paid, research, clandestine affairs, secret enemies, and doctors.*

### **Relationship To – Right View**

How do you continue to hold limiting notions about your self? What self-sabotaging traps do you lay to keep you from being the brightest light you really are? As an intention working with the Eclipse and Saturn energy, let go of the weights you feel. “I should do this...I have failed because I did this...I must be doing something wrong because...” A committed viewpoint “I honor my self no matter what I am feeling.” All feelings are welcome. Judgment has worn out its welcome and is no longer permitted into your thoughts.

Way over yonder, well past the horizon, your path goes on...perhaps not visible yet but soon enough to solidify into a solid form. This is a time when the Universe supports deep meditative work. Spend quiet time in stillness. The initiation into a new cycle hasn't begun yet. Visualize where you wish to go in your life and include often the 'feelings' of how your life looks. Commit to visualizing, imaging and dreaming your life into manifestation. Laura Berman Fortgang has a beautiful prayer in her book *The Little Book on Meaning*, “Energy of the Universe...I invite ultimate knowledge and infinite joy...May we recognize this as a meaningful life.” Begin the visioning now.

Offer prayerful blessings to the world. Remember you are the blessing, the blessing and the blessed. (Sorry can't remember who said this). Hold the world in a loving, compassionate embrace. **You** help us evolve one step closer to this reality each time you hold the view for all of us of us living in the fullness of Love in peace and in harmony.

[WRITINGS HOME](#)